MARCH

BENEFIT TIPS

VSP Vision Insurance

Southern Land Company offers vision benefits through VSP. With VSP, you can save on eyecare, eyewear, and more—all while detecting potential health conditions like diabetes and high blood pressure through a comprehensive eye exam.

VSP offers value and savings you will love. You can save on eyewear and eyecare when you visit a VSP network eye doctor. Plus, enjoy Exclusive Member Extras, offering over $3,000 in savings with VSP and leading industry eyewear brands. You can also shop in-network with your benefits through Eyeconic, VSP's preferred online retailer, with over 70 brands of contacts, glasses, and sunglasses to choose from. Please visit the Southern Land Company BenePortal for a full plan description **southernlandbenefits.com**.

Did you Know?

By the age of 40, many people start experiencing changes to their vision. Annual eye exams are crucial in the early detection of age-related conditions such as glaucoma, cataracts, and macular degeneration.

How to Find a VSP Provider

- Visit **vsp.com** and click *Find a Doctor*
- View a map and use the drop-pin functionality to find the right VSP network practice location for you. You can also filter by business hours or appointment availability.
- Look for the orange *Premier Program* banner to find a VSP network eye doctor that will help you maximize your savings.

Create an Account at **vsp.com** to view your in-network coverage, find a VSP network doctor, and discover additional savings with Exclusive Member Extras.

VSP Vision Care App

The VSP Vision Care App offers easy navigation and a personalized dashboard, so you can get the benefit information you need, exactly when you need it. Scan the QR code to download the VSP Vision Care App from the Apple App or Google Play Stores. Get instant access to your benefit coverage, Member ID Card, Exclusive Member Extras, and more.

Sources:

https://healthylearn.com/connerstrong/hc/aging-eyes.html

Have question about your vision benefits? Contact VSP at **800.877.7195** or visit **vsp.com**